



Theo Kowalchuk *CRSP, CHSC, B.Sc.Ag.*
President, 1 Life Workplace Safety & Health Ltd.

Phone: 1-204-231-5433

Direct: 1-204-981-7750

Email: theo@1lifeworkplacesafety.com

Web: www.1lifeworkplacesafety.com



Theo has 19 years experience as a business owner and entrepreneur, and over 10 years of safety management related experience, working both locally and internationally as a consultant and trainer. She also has 10 years experience working as a Paramedic, witnessing firsthand the acute affects of workplace injuries and illness. This background drives her two passions related to safety management:

1. To have an impact on sending workers home to their families safe and healthy at the end of the workday.
2. To provide businesses with the peace of mind and the freedom to operate that comes from mitigating the risks associated with Workplace Safety and Health loss and liability.

Theo is a Board Certified Canadian Registered Safety Professional (CRSP) and a Certified Safety and Health Consultant (Canadian Society of Safety Engineers). She is both a Lloyds Register and a COR certified auditor providing external audits for the Manitoba Heavy Construction Association. Theo is a requested presenter to the Canadian Society of Safety Engineering, the Accident Prevention Association of Manitoba, and the Manitoba Construction Safety Association Professional Development Conferences. She is also an instructor for Red River College, Occupational Safety and Health Certificate Program.

Theo is Vice President of the Canadian Society of Safety Engineering 2008-2009, a member in good standing with Board of Canadian Registered Safety Professionals and sits on the AED Guidelines Committee of the Heart and Stroke Foundation of Manitoba.

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